



V-Fit presents
STROLLER-FIT

For our amazing Moms— no sitter needed!

Join us for our new and exciting outdoor fitness classes for Moms and their kiddos!

Tuesday and Thursday mornings

9:30am

Blanche Reynolds Park

3164 Preble Ave, Ventura, CA 93003

Bring your kids in their stroller and be ready to work hard in a fun outdoor environment!

Remember to bring water, sunscreen and whatever else your kids may need